



The Stats

With mental health awareness on the rise, the cost of mental health care to Canadians each year is currently \$10.4 billion. Each week, there are 355,000 disability cases for mental health alone. In our field, can we afford not to take notice when the cost of mental health claims is twice as much as a single physical illness claim?

The Myth

A diagnosis of dementia does not sentence an individual to resigning from a job, remaining indoors, or ceasing social activities. The Alzheimer Society of Canada suggests the 56,000 dementia patients currently being hospitalized are not receiving the most ideal care in a hospital environment. The reality is that of the 564,000 Canadians living with dementia, many have the functioning ability to lead active and high quality lives for a number of years.

The Solutions

To ensure individuals can remain active at home and in the workplace, it is important to focus on current skills and abilities, the right accommodations or assistive devices, and options and/or services specific to the needs of the individual. As the progression of dementia affects every person uniquely, communication is important with all stakeholders to maximize assistance in all facets of social and employable living.

Workplace Accommodations

Talk to the employer and health care provider to identify alternatives for remaining effective at work. Consider modified/flexible work hours, condensing workflow, job coaching, simplifying job tasks and/or streamlining supervision/direct reports. An Ergonomic Assessment may be helpful to obtain recommendations for modification of the existing workstation set-up, assistive devices, and education on efficient postures and work habits specific to the individual's challenges and symptoms.

Cognitive Assessment Evaluation

Through a Cognitive Assessment Evaluation, an individual's functional cognitive capabilities are analysed. Strategies are recommended to manage cognitive concerns at the workplace. This assessment will provide you with a clear picture of an individual's strengths and challenges and suggest more targeted work intervention and determine their effectiveness in helping to improve work productivity. It matches an individual's cognitive capacities to the job demands to identify gaps in the workplace and also for identifying options for workplace sustainability.

Living Care Benefits

The risk of safety at home and in the community can be reviewed by a registered health professional to ensure both cognitive and physical aspects of an individual's personal care is considered when recommending intervention to assist with activities of daily living. This home-based assessment can identify specific areas of need, the extent of assistance required, and in what respect the assistance should be provided.



INQUIRE TODAY

More Information

Work is important for many reasons. It provides routine, purpose, a sense of identity and belonging and the opportunity to develop skills as well as financial security. Identifying innovative solutions to assist Canadians in resuming their regular activities, including work, through a personalized approach is a step in the right direction.

To learn more about how Banyan can help you manage mental health matters, please contact:



Ryan O'Donoghue
Manager, Claims Services
T: 1-866-226-9262 x 654
rodonoghue@banyanconsultants.com

Elizabeth Scott
Manager, Physical Assessment Services
T: 1-866-226-9262 x 412
escott@banyanconsultants.com

