



Technology Skills for Today's Job Market

The State of Technology

In this Day and age, technology affects practically all aspects of our lives. We have Smartphones that are virtually complete -computer systems in our pockets. We do many of our tasks online such as banking, social media, shopping, research, travel planning, and most importantly, job search.

Technology is here to stay and to be able to keep up we need computer and technology skills.

The world of work has transitioned with these advances in technology. Technologically oriented companies now conduct business in online environments where communications, meetings, presentations can all be conducted with a click of a mouse. Paperless virtual storage systems for data are now the norm rather than the exception. Most employees now need to be skilled in technology to work within these systems.

People with disabilities who are preparing to enter the workforce after an illness or injury will require up to date computer skills to be competitive in this rapidly changing employment market.

Sedentary jobs almost always have a computer skills requirement, even if it is only basic. Workers who have performed physical labouring type jobs may have never used a computer at work. However, they may have maintained a Facebook profile, used a cell phone for texting, completed Internet research and may have done online banking. This experience can be useful to determine a individual's technological orientation which can springboard skills training into more concrete computer skills that employers are looking for.

The good news is technology skills training is not lengthy or very expensive considering the average costs associated with disability claims. There are various modes of training including in-person group

work, one-on-one instruction and virtual, online training.

Virtual training has been around for a long time. Now training platforms have been enhanced and built to be more effective in demonstrating skills attainment, it is cost effective and easily accessible and very user friendly. In addition to many reputable, accredited computer skills providers, there is free online training available. Alison <https://alison.com/> is a website that offers many different free training options from keyboarding up to systems certifications.

Basic' Computer Skills Defined



The term 'basic computer skills' is used by many however; it is rarely quantified by stating exactly what that means. For today's employment market, a 'basic' computer skill means an employee needs to be able to:

- Keyboard
- Check and send Email
- Schedule using Email Programs (i.e. Outlook, MS Exchange, etc.)
- Manage passwords for electronic security
- Use shared virtual drives
- Use search engines
- Word process (MS Word)
- Use a spreadsheet (MS Excel)
- Understand Hardware (printer, scanner, external drive and modem)

There are many on-line resources that highlight the computer skills employers are looking for such as the Career Tool Belt.

<http://www.careertoolbelt.com/computer-skills-that-will-help-you-get-hired/>

Training for Technology Skills

Determining the level of technological based computer skills that a person has can be clarified with specific questions designed to determine basic level, then targeted drill down to determine skill level. The National Occupational Classification (NOC) has useful information regarding technological orientation in the form of Essential Skills profiles; refer to the following website to learn more. <https://www.canada.ca/en/employment-social-development/programs/essential-skills/profiles.html>



There is no substitute for actual demonstration of skills; a short computer skills assessment is highly recommended and can be performed by most reputable training institutions. This will help to get a fully accurate assessment of the person's skills and make recommendations for further skills enhancement and modes of training that would be suitable.

INQUIRE TODAY

More Information

Work is important for many reasons. It provides routine, purpose, a sense of identity and belonging and the opportunity to develop skills as well as financial security. Identifying innovative solutions to assist individuals in resuming their regular activities, including work, through personalized medicine is a step in the right direction. Banyan has a professionally credentialed team to serve your vocational assessment needs. Our unit is highly experienced in researching and documenting sound training recommendations for our clients. Banyan can conduct a thorough technology focused vocational interview to determine precisely where skills gaps are present and make recommendations for training. It is our experience that once this gap has been addressed many individuals achieve commensurate earnings levels.

To learn more please contact:



Jennifer Griffiths

Manager Vocational Services
Banyan Work Health Solutions
866-226-9268 Ext. 408
jgriffiths@banyanconsultants.com